

# Egale Presents: OUT&ABOUT

An initiative to help LGBTQI2S seniors facing isolation

Family Day is an occasion to spend with your loved ones. But for many LGBTQI2S seniors who face continued marginalization and isolation, it's a day that can feel especially lonely.

**In fact, 1 in 3 (34%) LGBTQI2S seniors live alone and have reported feeling concerned about being lonely and growing old alone.**

(Compared to 19% of non-LGBTQI2S older people)

So to make sure nobody has to spend their Family Day alone, we're looking for individuals who would like to pair up with an LGBTQI2S senior person as part of their "chosen family" to enjoy a nice time out for some good company and great conversation – our treat!

## What can you expect from these meetings?

You'll meet with an LGBTQI2S senior person to converse and connect with over a coffee or light meal. Our hope is that this interaction will make a positive impact for both participants and spark the beginning of a lasting friendship.

This will be an opportunity to gain insight into the unique and shared experiences of LGBTQI2S individuals from different generations – particularly when it comes to the issues of senior isolation.

We'll be filming these meetings for social content and news coverage that will help spread awareness of senior isolation and build our program so that we can offer the experience to more LGBTQI2S seniors beyond Family Day.



We at Egale believe the definition of "family" goes beyond biological origins to include friends, partners and neighbours in the community who create a network of support, also known as one's "chosen family".

## What time commitments would be required?

\*The following may be filmed and photographed for use in future video content.

### February 17

2 hour window (morning, midday or evening) for the meetup.

### February 18-20

1 hour post-interview (location TBD) to recap the experience.

