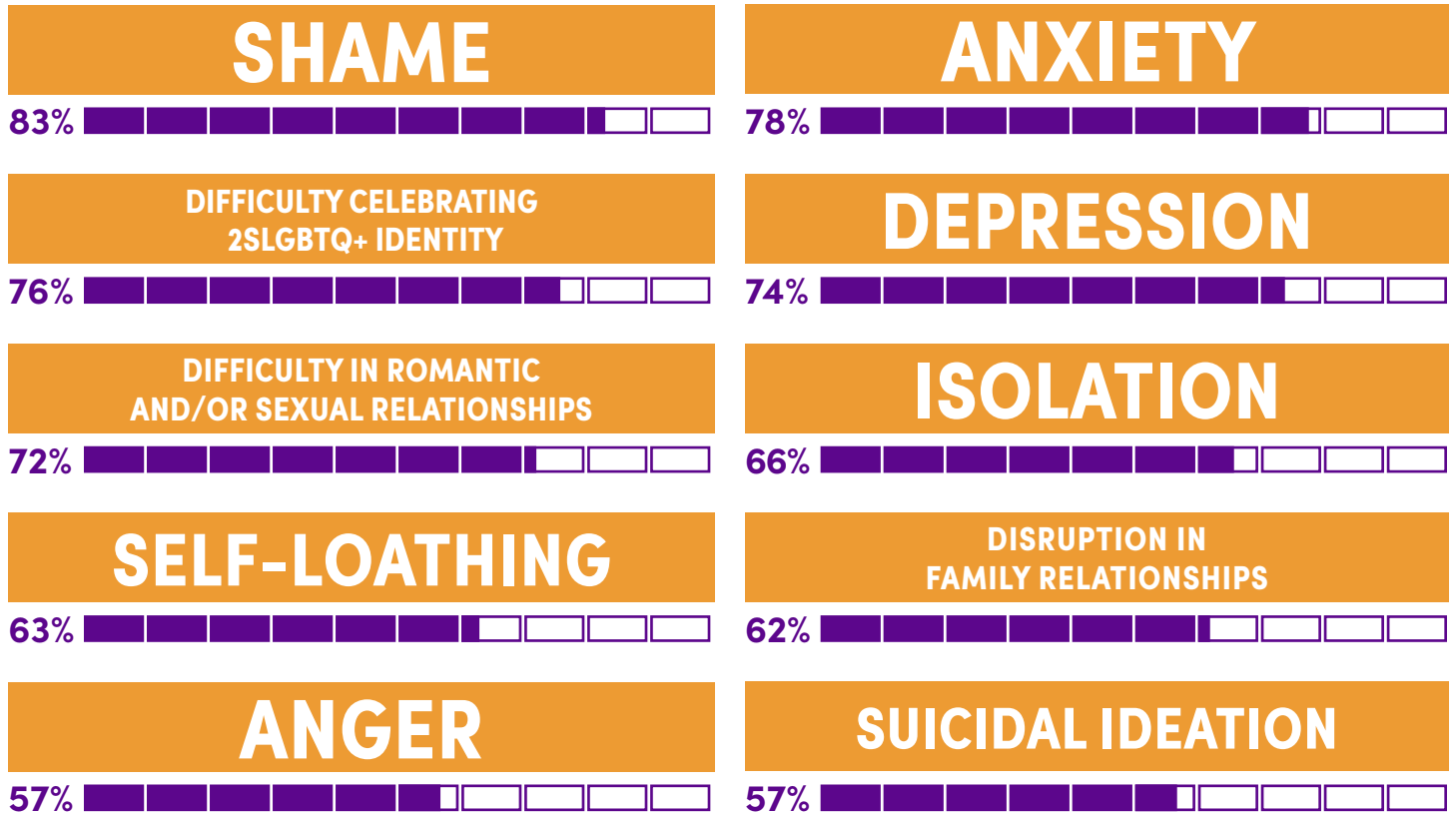


Conversion therapy survivors experience long-lasting mental health concerns

Given that a lot of conversion therapy is encouraged and delivered by someone in a position of trust such as a counsellor, healthcare provider, religious or spiritual leader, and many conversion therapy survivors are youth, it is no surprise that survivors experience extended depression, self-denial, self-hatred, and in drastic cases, suicide ideation and death by suicide.

In a [national study](#), the ten most common impacts of conversion therapy was:



Particularly, the lasting impact of healthcare providers who engage in conversion practices is significant, as denying gender-affirming treatment for trans people continues to be acceptable practices among healthcare providers.

"You can walk away from religion and still have your physical, mental, and spiritual needs met, but you cannot walk away from the medical or mental health system and have your physical and mental needs met." – CT Survivor ([p. 14, CBRC](#))



Check out the rest of our [#EndCTForAll](#) campaign at egale.ca/conversiontherapyban to find out more about what conversion therapy is, it's impacts, and what you can do to help support survivors.