

PHYSICAL TRANSITION

MEDICAL

Medical transition refers to a wide range of practices that modify and evolve gendered features of someone's body. Often, this alleviates distress related to gender dysphoria where there is discomfort when someone's bodily attributes are perceived in a way that does not match their gender identity. These practices are done with the collaboration of healthcare professionals. Some aspects can be temporary, and some aspects are permanent.

Some examples are:

Hormone therapy



Dermal fillers to modify shapes of face or body



Surgeries of various kinds



Laser hair removal



Fertility preservation



In general, transition refers to the **variety** of changes a person may pursue in order to express their gender. There is **no** standard checklist or schedule for any of the transition processes. It is often gradual, non-linear, and complicated.

Each person has different needs and each transition is unique.