

# SOCIAL TRANSITION

**Social transition** refers to the ways in which individuals may make changes in how they express their gender when they are perceived by other people.

Some examples of this are:

Changing the way they style their appearance.



Changing the gendered spaces they participate in.



Changing their name and/or pronouns.



In general, transition refers to the **variety** of changes a person may pursue in order to express their gender. There is **no** standard checklist or schedule for any of the transition processes. It is often gradual, non-linear, and complicated.

Each person has different needs and each transition is unique.